



Children's Services Staying Connected: W.E. EarlyON to YOU

Issue 99: March 11, 2022

childrensserviceswindsorsex.ca



YouTube



Physical Literacy: Four Squares

Literacy Corner



Outdoor Activities

Spending time in nature provides many benefits. Go outdoors with your child to exercise your bodies and your minds! Here are some learning activities you might enjoy:

- 1. Narrate your nature walk:** tell stories and talk about what you see, smell, hear, and touch.
- 2. Build an obstacle course:** count or describe each movement as you jump, run, and climb in your yard or at the park.
- 3. Look for animal tracks:** take pictures of the tracks and research them online or at the library. Which animals do they belong to?

Activities Online and At Home



Connecting families in Windsor-Essex by providing engaging activities. Please visit [W.E. EarlyON to You: Online and Pre-Recorded Activities](http://www.earlyonwindsorsex.ca) for great ideas and activities to do with your children. Check back regularly for updates!

FEATURED ACTIVITY:

Rubber Band Snap Painting

WHAT YOU WILL NEED:

- Tray or baking sheet
- Canvas or paper
- Washable paint
- Paint brushes
- Rubber bands



WHAT TO DO:

1. Place the canvas or paper on the tray.
2. Stretch and secure the rubber bands around the tray.
3. Position the bands over the canvas.
4. Paint the rubber bands.
5. Pinch a rubber band and pull up slightly then release it.
6. As the rubber band snaps back down, it will leave a print on the canvas. Prepare to get messy!
7. Use different coloured paints and different size rubber bands.

EarlyON Kitchen: Pumpkin Spice Muffins

Warm up with these nutritious, easy to prepare, and toddler approved muffins!



Virtual EarlyON

Join us for our **ZOOM** programming!

To register: <http://www.earlyonwindsorsex.ca>



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