

# Children's Services Staying Connected: W.E. EarlyON to YOU

Issue 99: March 11, 2022

childrensserviceswindsoressex.ca







Physical Literacy: Four Squares

### **Literacy Corner**



#### **Outdoor Activities**

Spending time in nature provides many benefits. Go outdoors with your child to exercise your bodies and your minds! Here are some learning activities you might enjoy:

- 1. Narrate your nature walk: tell stories and talk about what you see, smell, hear, and touch.
- 2. **Build an obstacle course:** count or describe each movement as you jump, run, and climb in your yard or at the park.
- 3. Look for animal tracks: take pictures of the tracks and research them online or at the library. Which animals do they belong to?

## **Activities Online and At Home**



Connecting families in
Windsor-Essex by providing
engaging activities. Please visit
W.E. EarlyON to You: Online

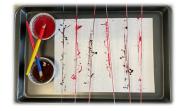
and Pre-Recorded Activities for great ideas and activities to do with your children. Check back regularly for updates!

#### **FEATURED ACTIVITY:**

**Rubber Band Snap Painting** 

#### WHAT YOU WILL NEED:

- Tray or baking sheet
- Canvas or paper
- Washable paint
- Paint brushes
- Rubber bands



#### WHAT TO DO:

- 1. Place the canvas or paper on the tray.
- 2. Stretch and secure the rubber bands around the tray.
- 3. Position the bands over the canvas.
- 4. Paint the rubber bands.
- 5. Pinch a rubber band and pull up slightly then release it.
- 6. As the rubber band snaps back down, it will leave a print on the canvas. Prepare to get messy!
- 7. Use different coloured paints and different size rubber bands.

EarlyON Kitchen: Pumpkin Spice Muffins Warm up with these nutritious, easy to prepare, and toddler approved muffins!



# Virtual EarlyON

Join us for our **ZOOM** programming!

To register: <a href="http://www.earlyonwindsoressex.ca">http://www.earlyonwindsoressex.ca</a>

Move & Groove: 9:30 am

Circle Time: 11:00 am Circle Time: \$11:00 am

Baby & Me: 1:00 pm Wee Wonders: 9:30 am

Circle Time: 11:00 am हे **Circle Time:** 11:00 am

Songs & Rhymes: 1:00 pm Bilingual Circle: 11:00 am

11:00 am (1st & 3rd Saturday of the month)







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